

Transportation Training

Thank you for your interest in the CDL program at Cecil College. The enclosed packet of information is for you to review regarding this program. Prior to enrolling in the program, potential students are required to go through an interview.

Inside you will find information on:

- CDL class information
- Payment and funding options
- DOT physical requirements

To start the process:

1. Fill out the enclosed application.
2. Obtain a copy of your 3-year, non-certified driving record from your state MVA.
3. Obtain the free CDL manual from the MVA.
4. Start getting finances in order. Decide whether you need to apply for a loan, call one of the agencies listed, or be a private pay (Check, Credit Card, or money order).
5. Confirm finances (at least ½ of tuition is due prior to beginning class).
6. Call Cecil College at 410-287-1615 to set up meeting with the Program Director.
7. Come to scheduled interview (bring application, driving record, & driver's license).
8. A physical and drug screen will be set up by Cecil College.***
9. After passing drug screen & physical, you will be ready for class if you are going to be a full-time student.

***Students in the straight truck program must obtain their CDL learner's permit prior to beginning class. You must have a valid DOT medical card before the MVA will let you take the Learner's Permit test. The study guide book may be obtained from the MVA. An optional permit class is available if help is needed in passing the permit.

If you have any questions and/or you are ready to schedule your interview, please contact me at 410-287-1615 or drive@cecil.edu.

Sincerely,



Tina Durborow
Director Transportation Training
Cecil College, Office 206
107 Railroad Avenue
Elton, MD 21921
410-287-1615 (p)
410-398-4429 (f)

STUDENT INTEREST INFORMATION

Cecil College began training truck drivers in 1984. The program is co-sponsored by the Maryland Motor Truck Association. The college has successfully trained over 1,500 drivers and we boast a pass rate of 95+% on the CDL - Class "A" test!

Cecil College offers the CDL – A truck driver training program in two formats:

Full-time course - 8 weeks M – F, 8:00 AM – 5:00 PM.

Evening/weekend course - 10 weeks Tues/Wed/Thurs 6PM – 10PM & Sat/Sun 8AM – 6PM.

Program Requirements:

- 18 years of age (You must be 21 to drive out-of-state)
- Good Driving Record (Less than 3 points over the past 3 years)
- Be able to pass a Department of Transportation Drug Screen & Physical
- Be able to read and speak the English language sufficiently (reading & comprehension test will be given during intake interview)
(Required by MVA/DMV state agencies – interpretation accommodations not available through this course)
- Possess a valid Class C driver’s license from your resident state in MD, DE, NJ, or PA
(Provisional Driver License is prohibited by MVA for CDL testing)
- Have reliable transportation
- Be able to learn to shift a manual transmission vehicle
- No Felonies within the past 5 years
- No DUI’s or DWI’s in the past 5 years

Financial Assistance

There is financial aid available. We recommend that you check with your local bank regarding a personal or educational loan.

If you are currently unemployed, have been laid off, would consider yourself to be underemployed, or have veteran’s benefits available, we recommend that you contact:

Cecil County Residents: Susquehanna Workforce Network - 410-996-0550

Harford County Residents: Susquehanna Workforce Network - 410-272-5400

Delaware Residents: DE Department of Labor - 302-453-4350

MD Veteran’s Administration: (Bel Air Office) - 410-836-4635

Program Costs:

Class "A" \$4,625* – Full-Time MD Residents \$4,825 – Non-MD Residents

Class "A" \$4,625* – Evening Weekend MD Residents \$4,825 – Non-MD Residents

Class "B" \$2,125* – Full-Time MD Residents \$2,325 – Non-MD Residents

*program cost reflects discount provided by various grant agencies.

TRACTOR TRAILER DRIVER TRAINING CURRICULUM

The goal of Tractor Trailer Driver Training at Cecil College is to prepare students for entry level driving positions in the commercial trucking industry. The curriculum is designed for persons who are already licensed as automobile drivers who want to secure their Class "A" Commercial Driver's License. This content relates to the safe operation of a tractor and a semi-trailer combination.

The curriculum is designed for three hundred (300) hours of training in the classroom, on the simulator, on the range, and on the public streets and highways. Evaluations are conducted in all of these areas. Students must have an average of 80% or above in each of the areas of the course, pass the MVA skills test in a maximum of two attempts, and attend a minimum of 80% of the training to complete Tractor Trailer Driver Training successfully and receive a completion certificate. If, by mid-point of the program, a student is unable to operate the vehicle in a manner sufficient to safely begin road training on public streets and highways, the student shall be recommended for termination from Tractor Trailer Driver Training.

CLASSROOM: Training covers vehicle systems, driving techniques, defensive driving, Federal Motor Carrier Safety Regulations, log books, vehicle inspection, map reading, and trip planning. texts, lectures, discussion, and audio-visuals are used. Classroom training is interspersed throughout the total course sequence.

SIMULATOR: Training on a state-of-the-art simulator is incorporated into the program curriculum to provide skill training without exposing students to actual life-threatening situations. This protects the safety of the student, the equipment, and the general public.

RANGE: This area of training is for instruction, proficiency development, driving, and/or observing status on the school's off-highway driving and practice range. Students rotate turns during activities. Range activities include pre-trip inspection, coupling and uncoupling, all range maneuvers, and basic driving techniques including shifting and cornering. Usual truck/student ratio is 1 to 4.

ROAD: Training hours in this area are spent on the public roads, streets, and highways driving and/or observing others drive under the guidance of a qualified driver instructor using the college's road trucks. These trucks are crew cabs designed to comfortably and safely seat a student driver, an instructor, and 3 student observers. Students drive predetermined routes designed to be appropriate to their skill level and provide similar driving experiences for all students. Instructor/student ratio is 1 to 4. Each student typically receives a minimum of 200 miles Behind the Wheel, which is approximately 12 - 16 hours.*

*Although individual training is not provided, every attempt is made to adjust to student instructional needs within the confines of the program. Training hours and mileage are documented.

The curriculum is composed of four sections. Subjects in each section are not necessarily listed in order of coverage. Times allowed for each subject area may vary depending on the students' progress.

TOPICS INCLUDE:

- * Preparation for the Commercial Driver's License Written Test (Learner's Permit)
- * Federal Motor Carrier Safety Regulations
- * Hours of Service
- * Log Book Preparation
- * Pre-trip, Safety Inspections, and Preventative Maintenance
- * Vehicle Control Systems
- * Basic Vehicle Control
- * Shifting
- * Map Reading and Trip Planning
- * Emergency and Accident Procedures
- * Cornering
- * Visual Search
- * Hazard Perception
- * Communication
- * Speed and Space Management
- * DOT Safety Inspections
- * Safety and Defensive Driving
- * Extreme Driving Conditions
- * Skid Control and Recovery
- * Passing and Meeting other Vehicles
- * Emergency Maneuvers
- * Handling, Documentation, and Safety of Cargo
- * Sight Side Parallel Parking
- * Alley Docking
- * Offset Alley
- * Drop/Hook/Slide
- * Coupling/Uncoupling
- * Night Driving
- * Mountain Driving
- * Simulation Training
- * Long Haul Simulation Run

FULL TIME
STRAIGHT TRUCK OVERVIEW

The goal of Truck Driver Training at Cecil College is to prepare students for entry level driving positions in the commercial trucking industry. The curriculum is designed for persons who are already licensed as automobile drivers who want to secure their Class B Commercial Driver's License. This license is required for persons to drive commercial trucks over 26,001 GVW, such as van delivery trucks, trash trucks, dump trucks, concrete trucks, and some oil delivery trucks, etc. This course is 10 days in length and is hands on from the first day. Students must come prepared with their permit and DOT card.

TOPICS INCLUDE:

- * Federal Motor Carrier Safety Regulations
- * Hours of Service
- * Log Book Preparation
- * Pre-trip, Safety Inspections, and Preventative Maintenance
- * Vehicle Control Systems
- * Basic Vehicle Control
- * Shifting
- * Map Reading and Trip Planning
- * Emergency and Accident Procedures
- * Cornering
- * Visual Search
- * Hazard Perception
- * Communication
- * Speed and Space Management
- * DOT Safety Inspections
- * Safety and Defensive Driving
- * Passing and Meeting other Vehicles
- * Emergency Maneuvers
- * Handling, Documentation, and Safety of Cargo
- * Sight Side Parallel Parking
- * Alley Docking
- * Offset Alley

Licensing, and Regulation (DLLR). This program reserves the right to check the accuracy of the information below.



111 Railroad Avenue
Elkton, Maryland 21921

NOTICE

December 19, 2003

TO: DOT Commercial Driver Licensees

SUBJ: New DOT Blood Pressure Guidelines and Driver Medical History

The Federal Motor Carrier Safety Administration (FMCSA) has revised the DOT exams to reflect new, stricter blood pressure guidelines. These new B/P guidelines mirror current medical treatment recommendations for hypertension and are designed to ensure a healthier population.

The new cutoff level for a two-year card is <140/90. A blood pressure between 140/90 and 159/99 will receive a one-year certification. These changes may result in more frequent exams for those with high blood pressure and increase the number of drivers requiring annual certification. Frequently, drivers will be nervous at the time of exam which results in elevated B/P even in those not diagnosed with hypertension. We do allow the driver to repeat B/P while they are here.

Many times, due to medical history or exam findings, more information is needed in order to complete the exam. Listed below is a list of some specific information that could be helpful to bring to the examination appointment to expedite the certification process. *You may want to pass this on to the individual drivers for their information prior to their examination date.*

Blood pressure over 140/90 – will need to reduce B/P to complete exam. Please bring most recent information from family doctor.

History of Diabetes Mellitus – will need current HgA1c in an acceptable range. Remind diabetics to monitor their diet prior to the exam. Urine will be tested for glucose (sugar) and if positive, driver will need a fasting blood sugar before s/he can be certified. **Sleep Apnea** – will need sleep study/documentation showing control of apneic episodes and daytime fatigue.

Cardiac history – needs exercise stress test achieving heart rate 85% of age-predicted value. Test must have been done in past two years.

Vision worse than 20/40 in left/right/both eyes must be corrected to 20/40 or better.

Hearing loss – average worse than 40dB in both ears. Will need evaluation by hearing specialist.

Depression/Bi-Polar Disorder – will need documentation that condition is stable.

Medication usage – Drivers taking any medication known to cause drowsiness or have significant side effects must have a note from the prescribing provider stating they can safely operate a commercial motor vehicle while taking this medication.

Direct: 410/620-5424 • FAX: 410/620-9614

Division of Career & Community Education

107 Railroad Avenue / Elkton, MD 21921 / 410-287-1615 / Fax: 410-398-4429