

MONEYWISE WEDNESDAY: 5TH SERIES

Food Pantry and Other Helpful Resources

WELCONE

The Multi-Dimensional Needs of Students

Harford Community College's collaborative efforts to support students

HCC is committed to the health and well-being of our students. We realize that everyone encounters challenges or difficulties from time to time, whether personal, academic, or social. That is why we have put together campus resources and partnered with community agencies to assist students with effectively managing life's challenges.

Needs Voiced by Students

- Food
- Housing
- Car Maintenance/Public Transportation
- Flexible Jobs
- Technology
- Therapy/Counselling

Addressing Student Need

In 2017, 435 HCC students received the Hunger & Food Insecurity Survey. Overall, **35.6**% of students surveyed said they experience some sort of food insecurity (e.g., worrying about not having enough food, reduced quality and variety of food, instances of disruptions to food access, not having enough food), **44.8**% occasionally or frequently felt hungry but did not eat, and nearly **50**% had purchased food that did not last.

Addressing Student Needs

- Food Insecurity Committee November 2018
- Food Pantry March 2019
- Pop-Up Pantry Summer 2019
- Mobile Food Pantry (HCAA) Fall 2020
- NACAS Foundation Campus Care Grant October 2020
 Approved \$7,850 to support growing food pantry
- Campus Events In person, food or meals provided

Addressing Student Needs

- Student Intervention and Prevention Provides education, prevention, and intervention services for students under distress
- Counseling Telehealth while we remain off campus, but when in person we have an on-site counselor
- Student Assistance Program
- Sexual Assault and Violence Education Project
- Disability Services

Here is a success story as highlighted on HCC webpage, https://www.harford.edu/about/ offices-and-departments/Communications/student-success-stories/megan-chenworth.aspx.

Wellness Resources

- Student Assistance Program
- Anxiety | Finances | Depression | Support
- Help is just a phone call or text away! | 1.800.327.2251
- Free, confidential, in-the-moment support is available 24/7
 to help with personal or college-related problems that
 may interfere with your school or family responsibilities. A
 BHS Care Coordinator will confidentially answer your call,
 understand your need, assist with any emergencies and
 connect you to the appropriate resources. They will then
 follow up with you to ensure your satisfaction and progress.

Remote Counseling

- Anger | Sadness | Family | Support
- Help is Just a Phone Call Away! | 410.583.2222
- Free, confidential appointment based short-term support. Counseling sessions will allow you to explore thoughts, feelings and worries without judgement; develop coping strategies for different situations; practice self-reflection and awareness; work on habits you'd like to change; and improve, understand, and communicate about relationships.

Addressing Student Needs

The Harford Community College Foundation Student Emergency Assistance (SEA) Fund

A \$500 award per student. The SEA fund was established to provide emergency financial assistance to currently enrolled HCC students who are facing a short-term financial emergency.

Emergency Financial Support

- CRRSAA Student Grant Spring 2021-Government resource
- http://www.harford.edu/about/covid-19-resources/campus.aspx
- Phase 1 Eligibility include:
- FAFSA 2020-21 <u>www.studentaid.gov</u>
- Currently enrolled
- \$500 award
- Funds are limited
- Phase 2 Eligibilty will include application-not eligible if already received \$500 for spring 2021

Student Affairs Emails

Weekly emails from Student Affairs:

To: Student Affairs, studentaffairs@harford.edu

Cc: Jacqueline Jackson, jajackson@harford.edu

Topics include:

Harford Transit LINK New Bus Stop at Edgewood Train Station

Effective February 16, 2021, Harford Transit LINK is adding a new bus stop at the Edgewood Train Station. The new stop can be found along the Route 2 Blue Line and the Route 7 Red Line. View revised schedules at www.harfordtransitlink.org and click on "Bus Routes,"

HealthCare.gov IS NOW OPEN!

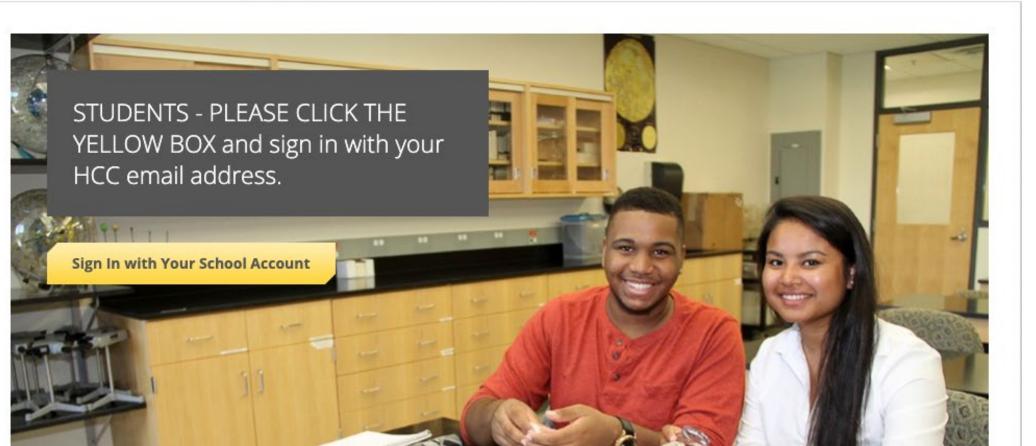
Are you uninsured or underinsured? The Affordable Care Act (ACA) website is now open to help you select health care coverage that fits your needs. Please visit healthcare.gov. The site will remain open until May 15, 2021.

Scholarships

HCC's 2021-2022 scholarship process will open March 15, 2021. Students will apply on **OwlNet > All About Me Tab.** Also, on our website, check out external scholarships and links on how to apply.









Addressing Student Needs

This is just a glimpse into some of the unique ways we assist students. We also provide co-curricular lessons on budgeting, time maintenance, wellness, healthy eating practices, and many more events which provide a much needed social component.

"Those who are happiest are those who do the most for others." - Booker T. Washington

Getting Help

Learning Center

Remote drop-in sessions, individual remote sessions, and NetTutor sessions offered.

For more info: www.harford.edu/student-services/Learning-Center.aspx.
443.412.2588 | learningcenter@harford.edu

Disability and Student Intervention Services

Dedicated to helping students with disabilities access all HCC opportunities and improve success in college. For more info: 443.412.2402 | <u>disabilitysupport@harford.edu</u>
Student Assistance Program offers remote counseling. For more info: 410.583.2222

Wellness Center

Many activities and support services to help with coping with college, stress, food pantry, meditation room, and more. **For more info:** 443.412.2090 | Laura Burke, Student Wellness Specialist at lburke@harford.edu

My College Success Network

My College Success Network is designed to empower and support students of color at Harford Community College. All students, regardless of ethnicity, are welcome to participate. **For more info:** www.harford.edu/student-services/my-college-success-network.aspx | 443.412.2149

Questions?

FINANCIAL AID CONTACT INFO

Suzanne Gallihue: sgallihue@harford.edu | 443.412.2248

Online chat: OwlNet > All About Me tab or harford.edu/student-services/financial-aid

Phone: 443.412.2257

Fax: 443.412.2169

Facebook: @HarfordFinAid



The launch of Harford's new website with enhanced user experience for prospective students and the community is almost here. Stay tuned!